

Understanding your Child's Feelings Course

The Solihull Approach (NHS) have launched a new course for parents on understanding your child's feelings.

The course is totally **FREE** and can be accessed using the guidance below.

How do I access?

www.inourplace.co.uk

What is the code?

- If you haven't used it already here is the access code for all the **online** courses (funded for residents of South Lanarkshire): **OWEN123**
- If, like many parents, you have already used this code, log into your account [here](#) and this course will be ready in your dashboard to start whenever you are ready.



The course comprises of seven modules which each take 5 minutes to complete.