

WEEK 1

10 August • 24 August • 7 September
21 September • 5 October • 26 October
9 November • 23 November
7 December • 21 December

breakfast

Toast, homebaking, drinks, fresh fruit

mid-morning

Hot rolls, waffles, homebaking, drinks, crisps

lunch

All meal deals are served with a choice of: fresh fruit, fruit pot, homebaking or yoghurt

*served with vegetable of the day or side salad **served with side salad

Selection of drinks and water available daily

	Monday	Tuesday	Wednesday	Thursday	Friday
main meal [meal deal]*	Chicken in a bun with spicy wedges	Chinese chicken curry with rice	Steak pie with potatoes	Cheese and tomato pizza / pasta combo	Fish and chips
vegetable of the day	Sweetcorn Side salad	Peas Side salad	Carrots Side salad	Sweetcorn Side salad	Beans Side salad
pasta bar [meal deal]**	Arrabiata	Macaroni	Cajun chicken	Penne Bolognese	Spicy chicken
cold snack [meal deal]**	Sandwich or baguette with selection of fillings: chicken mayo, tuna mayo, cheese, ham, chicken				
hot snack [meal deal]**	Cheese panini or Pizzini				

Before you order/purchase any food or drinks, please speak to a member of staff if you have a food allergy or intolerance.

Remember to pre-order and beat the queues

If you need this information in another language or format, please contact us to discuss how we can best meet your needs. Phone: 0303 123 1015 Email: equalities@southlanarkshire.gov.uk
www.southlanarkshire.gov.uk

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WEEK 2

17 August • 31 August • 14 September
28 September • 19 October • 2 November
16 November • 16 November
30 November • 14 December

breakfast mid-morning lunch

Toast, homebaking, drinks, fresh fruit

Hot rolls, waffles, homebaking, drinks, crisps

All meal deals are served with a choice of: fresh fruit, fruit pot, homebaking or yoghurt

*served with vegetable of the day or side salad **served with side salad

Selection of drinks and water available daily

	Monday	Tuesday	Wednesday	Thursday	Friday
main meal [meal deal]*	Hot chicken wrap with savoury rice	Chicken Tikka with rice	Homemade sausage pastry with wedges	Cheese and tomato pizza / pasta combo	Fish and chips
vegetable of the day	Broccoli Side salad	Peas Side salad	Beans Side salad	Sweetcorn Side salad	Beans Side salad
pasta bar [meal deal]**	Arrabiata	Macaroni	Cajun chicken	Penne Bolognese	Spicy chicken
cold snack [meal deal]**	Sandwich or baguette with selection of fillings: chicken mayo, tuna mayo, cheese, ham, chicken				
hot snack [meal deal]**	Cheese panini or Pizzini				

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