GOFresh Foods of the World Breakfast/mid morning Before you order/purchase any food or drinks, please speak to a member of staff if you have a food allergy or intolera

Daily selection

Toast Waffles Hot roll Fresh fruit Fruit pot Yoghurt Cereal bars

Foods of the World specials

Monday Italian ~ Pizza toastie Tuesday Indian ~ Naan-chos WFFK 1 Wednesday Mexican ~ Hot chilli bagel WFFK 2 Wednesday Mediterranean ~ Bagel melt WEEK 3 Wednesday American ~ Chicken in a bun with lettuce and garlic mayo Thursday Oriental ~ Sweet chilli cheese panini

Friday Scottish - Roll with sausage and potato scone

Remember to pre-order and beat the queues

ntact us to discuss how we can best meet your needs





2 March • 23 March • 27 April 18 May • 8 June • 17 August 7 September • 28 September

Fre



9 March • 30 March • 4 May 25 May • 15 June • 24 August 14 September • 5 October



16 March • 20 April • 11 May FFK 3 1 June • 22 June • 31 August 21 September • 19 October

WEEK 1

2 March • 23 March • 27 April 18 May • 8 June • 17 August 7 September • 28 September

Before you order/purchase any food or drinks, please speak to a Foods of the World member of staff if you have a food allergy or intolerance.

All main meals served with selection of soup or fruit pot or 500ml water

www.southlanarkshire.gov.uk

Fres

A N A R <mark>K S H I R I</mark>

	Monday Italian	Tuesday Indian	Wednesday Mexican	Thursday Oriental	Friday Scottish
Soups	Minestrone	Split pea	Potato and leek	Chicken noodle	Lentil
Main meals	Penne bolognaise with crusty bread	Chicken Tikka with rice	Chilli con carne with rice	Chicken Chow Mein	Fish and chips
Vegetarian meals	Penne bolognaise with crusty bread (v)	Vegetable Tikka with rice	Chilli with rice (v)	Chinese curry with rice (v)	Mac 'n' cheese pot
Vegetables	Broccoli and sweetcorn	Peas and sweetcorn	Sweetcorn and broccoli	Peas and sliced carrots	Beans and peas
		A selection of bread and fi	rech water is available with all me		
treats'			resh water is available with all me	* 1 ISANG VAN NARKI V SANG VA	
treats'	Grab'n'Go range - all ite			* 1 ISANG VAN NARKI V SANG VA	<i>42</i> 500000
treats' a		ms served with side sala	ad or choice of vegetabl	* 1 ISANG VAN NARKI V SANG VA	a mayo, chicken mayo
		ms served with side sala	ad or choice of vegetabl	e of the day	a mayo, chicken mayo Panini with cheese Pizzini



9 March • 30 March • 4 May 25 May • 15 June • 24 August 14 September • 5 October

Foods of the World

Before you order/purchase any food or drinks, please speak to a member of staff if you have a food allergy or intolerance.

All main meals served with selection of soup or fruit pot or 500ml water

Fresi

LANAR <mark>KSHIR</mark> E

	Monday Italian	Tuesday Indian	Wednesday Mediterranean	Thursday Oriental	Friday Scottish
Soups	Tomato	Carrot and coriander	Roasted pepper	Chicken and sweetcorn	Lentil
Main meals	Arrabiata pasta with crusty bread	Chicken Balti with rice	Moroccan chicken pasta pot	Sweet 'n' sour chicken with rice	Fish and chips
Vegetarian meals	Cheese and tomato pizza with wedges	Vegetable Balti with rice	Baked potato with ratatouille	Sweet chilli noodles (v)	Macaroni cheese
Vegetables	Broccoli and carrots	Peas and cut green beans	Sliced carrots and peas	Sweetcorn and cut green beans	Peas and beans
		A selection of bread and f	resh water is available with all mea		

Streats' Grab'n'Go range - all items served with side salad or choice of vegetable of the day

Remember to pre-order and beat the queues If you need this information in another lange www.southlanarkshire.gov.uk

(old Sandwiches and baguettes with selection of fillings: cheese, cold meat (chicken, turkey, ham), tuna mayo, chicken mayo

Hot	Panini with cheese Pizzini	Panini with cheese Pizzini	Panini with cheese Pizzini	Panini with cheese Pizzini	Panini with cheese Pizzini
Specials	Chicken alioli with mixed herbs	Indian fusion noodles	Salmon bake with wedges and Piri Piri dip	Firecracker pizza slice	Spicy sausage pasta pot

WEEK 3

16 March • 20 April • 11 May 1 June • 22 June • 31 August 21 September • 19 October

Foods of the World Before you order/purchase ar member of staff if you have a All main meals served

Before you order/purchase any food or drinks, please speak to a member of staff if you have a food allergy or intolerance.

All main meals served with selection of soup or fruit pot or 500ml water

www.soutnianark

Fres

ARKSHIR

	Monday Italian	Tuesday Indian	Wednesday American	Thursday Oriental	Friday Scottish	
Soups	Vegetable	Spiced corn	Split pea	Chicken and rice	Lentil	
Main meals	Penne bolognaise with crusty bread	Chicken curry with rice	Sloppy Joe bake with garlic bread topping	Sweet and sour chicken with rice	Fish and chips	
Vegetarian meals	Tomato and basil pasta pot with crusty bread	Vegetable curry with rice	Baked potato with BBQ beans and cheese	Chinese vegetable curry with rice	Homemade sausage pastry with chips (v)	
Vegetables	Peas and sliced carrot	Peas and broccoli	Sweetcorn and beans	Cut green beans and sweetcorn	Peas and beans	
	Grab'n'Go range - all iter	ns served with side sala	ad or choice of vegetable	e of the day		
Cold	Sandwiches and baguettes with selection of fillings: cheese, cold meat (chicken, turkey, ham), tuna mayo, chicken mayo					
Hot	Panini with cheese Pizzini	Panini with cheese Pizzini	Panini with cheese Pizzini	Panini with cheese Pizzini	Panini with cheese Pizzini	
Specials	Chicken alioli with mixed herbs	Chicken Tikka pasta pot	Spicy mac 'n' cheese pot	Sweet and sour noodle pot	Caramelised onions and cheese toastie	
emember to						