

Week 1 menu



Daily Meal Deal

Main meal with a selection of soup or fresh fruit pot or yoghurt or 500ml water

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Lentil	Chicken noodle	Tomato	Minestrone	Lentil
Main meal 1	Chicken tikka with rice	Penne bolognaise with garlic bread	Steak pie with mashed potatoes	Salmon bake with wedges	Fish and chips
Main meal 2	Turkey meatballs sub with spicy tomato sauce	Hot chicken wrap with mexican rice	BBQ chicken flatbread	Spicy chicken pasta pot	Chicken curry with rice
Vegetarian option	Vegetable tikka with rice	Macaroni cheese with garlic bread	Arrabiata pasta pot	Cheese and tomato pizza with wedges	Vegetable curry with rice
Vegetable of the day	Salad Peas	Salad Sweetcorn	Salad Broccoli	Salad Coleslaw	Salad Peas

Daily Café

Week 1	Sandwiches and baguettes with selection of fillings:				
Cold choice	Cheese Sliced chicken Sweet chilli chicken BBQ chicken Coronation chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Ham (lunch break only) Sweet chilli chicken BBQ chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Ham (lunch break only) Sweet chilli chicken BBQ chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Sweet chilli chicken BBQ chicken Coronation chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Sweet chilli chicken BBQ chicken Coronation chicken Chicken mayo Tuna mayo
Hot choice	Pizzini Panini with cheese	Pizzini Panini with cheese and ham	Pizzini Panini with cheese and ham	Pizzini Panini with cheese	Pizzini Panini with cheese

Also available daily:

Fruit	Choice of fresh fruit or freshly prepared fruit
Homebaking	Selection of cookies, muffins and flapjack
Drinks	Selection of cans, milk and water

Before you order/purchase any food or drinks, please speak to a member of staff if you have a food allergy or intolerance.

Remember to pre-order and beat the queues

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.
Phone: 0303 123 1015 Email: equalities@southlanarkshire.gov.uk

Week 2 menu



Daily Meal Deal

Main meal with a selection of soup or fresh fruit pot or yoghurt or 500ml water

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Lentil	Tomato	Vegetable	Chicken Noodle	Lentil
Main meal 1	Hot chicken wrap with mexican rice	Beef curry with rice	Penne bolognaise with garlic bread	Sausage pastry with wedges	Fish and chips
Main meal 2	Turkey meatballs sub with spicy tomato sauce	Chicken goujons flatbread with selection of dips*	Cheese and tomato pizza with wedges	Spicy chicken pasta pot	Chicken tikka with rice
Vegetarian option	Macaroni cheese with garlic bread	Vegetable curry with rice	Quorn bolognaise with garlic bread	Baked potato with ratatouille	Vegetable tikka with rice
Vegetable of the day	Salad Peas	Salad Green beans	Salad Coleslaw	Salad Beans	Salad Carrots

*Selection of Dips: Mayonnaise, BBQ, Sweet Chilli

Daily Café

Week 2	Sandwiches and baguettes with selection of fillings:				
Cold choice	Cheese Sliced chicken Sweet chilli chicken BBQ chicken Coronation chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Ham (lunch break only) Sweet chilli chicken BBQ chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Ham (lunch break only) Sweet chilli chicken BBQ chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Ham (lunch break only) Sweet chilli chicken BBQ chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Sweet chilli chicken BBQ chicken Coronation chicken Chicken mayo Tuna mayo
Hot choice	Pizzini Panini with cheese	Pizzini Panini with cheese and ham	Pizzini Panini with cheese and ham	Pizzini Panini with cheese and ham	Pizzini Panini with cheese

Also available daily:

Fruit	Choice of fresh fruit or freshly prepared fruit
Homebaking	Selection of cookies, muffins and flapjack
Drinks	Selection of cans, milk and water

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Week 3 menu



Daily Meal Deal

Main meal with a selection of soup or fresh fruit pot or yoghurt or 500ml water

	Monday	Tuesday	Wednesday	Thursday	Friday
Soups	Lentil	Tomato	Split pea	Chicken noodle	Lentil
Main meal 1	Chicken curry with rice	Steak pie with mashed potatoes	Macaroni cheese with garlic bread	Beef roast dinner with mashed potatoes	Fish and chips
Main meal 2	Chilli con carne with rice and pitta bread	BBQ chicken flatbread	Chicken goujons flatbread with selection of dips*	Hot chicken wrap with mexican rice	Chicken tikka with rice
Vegetarian option	Vegetable curry with rice	Arrabiata pasta pot	Cheese and tomato pizza with wedges	Baked potato with cheese or beans	Vegetable tikka with rice
Vegetable of the day	Salad Peas	Salad Broccoli	Salad Coleslaw	Salad Green beans	Salad Peas

*Selection of Dips: Mayonnaise, BBQ, Sweet Chilli

Daily Café

Week 3	Sandwiches and baguettes with selection of fillings:				
Cold choice	Cheese Sliced chicken Ham (lunch break only) Sweet chilli chicken BBQ chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Ham (lunch break only) Sweet chilli chicken BBQ chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Sweet chilli chicken BBQ chicken Coronation chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Ham (lunch break only) Sweet chilli chicken BBQ chicken Chicken mayo Tuna mayo	Cheese Sliced chicken Sweet chilli chicken BBQ chicken Coronation chicken Chicken mayo Tuna mayo
Hot choice	Pizzini Panini with cheese and ham	Pizzini Panini with cheese and ham	Pizzini Panini with cheese	Pizzini Panini with cheese and ham	Pizzini Panini with cheese

Also available daily:

Fruit	Choice of fresh fruit or freshly prepared fruit
Homebaking	Selection of cookies, muffins and flapjack
Drinks	Selection of cans, milk and water

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