



Education Resources
Executive Director **Tony McDaid**
Head Teacher **Richard McGowan**
Lesmahagow High School

Our ref:
Your ref:
If calling ask for: L. Wright
Phone: 01555 896010
Date: 15 August 2019

Dear Parent/Carer

Subject: PSE curriculum

As part of the school's statutory duties, we provide one period of PSHE (Personal, Social and Health Education) to every pupil within Lesmahagow High School every week.

The purpose of PSE is to help educate pupils in a number of areas, which relate directly to their emotional and physical health, as well as social issues which may impact on them now and in the future. The issues which are covered across the six years of school are varied and include emotional intelligence, assertiveness and anti-bullying; social skills; healthy relationships; equal opportunities awareness and anti-discrimination; LGBTQI issues; drug and alcohol awareness; mental health awareness; personal and internet safety; and puberty / sexual health education. Not all topics are covered in every year, but they are progressive and become more detailed and complex as the pupils move through their school years. The topics adhere to the Scottish Government guidelines as well as PSHE benchmarks.

We hope our pupils will benefit from their experiences in PSE lessons, and as an inclusive school, we are careful to ensure that we are considerate of our young people when dealing with topics of a sensitive nature.

If you have any concerns or questions regarding the PSE course at Lesmahagow High School please do not hesitate to contact us.

Yours sincerely

L. Wright

PT: Pupil Support

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