

Breakfast – mid morning



SOUTH
LANARKSHIRE
COUNCIL

Community and
Enterprise Resources

Breakfast items

Toast

Toast with beans

Fresh fruit

Fruit pot

Yoghurt

Cereal bars

Pick a portion

Get one of your
'five a day'
visit the Deli bar
and pick a portion
of fresh seasonal
fruit from our
daily selection

Daily specials

Monday

Waffle

Tuesday

Cheesy beanos

Wednesday

Roll with bacon

Thursday

Ham and cheese bagel

Friday

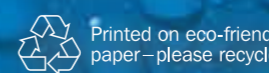
Cheese toastie

Before you order/purchase any food or drinks, please speak to a member of staff if you have a food allergy or intolerance.

Why not build your own baguette/
salad at our new Deli Bar?

Remember to pre-order and beat the queues

If you need this information in another language or format,
please contact us to discuss how we can best meet your needs.
Phone: 0303 123 1015 Email: equalities@southlanarkshire.gov.uk



www.southlanarkshire.gov.uk

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Daily Meal Deal £1.60

Main meal with selection of soup or fruit pot or frozen yoghurt or 500ml water

	Soup	Main
Monday	Chicken noodle soup	Macaroni cheese with wedges and peas (v)
Tuesday	Lentil soup (v)	Steak and sausage pie with broccoli
Wednesday	Cream of chicken soup	Chicken curry with boiled rice and salad
Thursday	Vegetable soup (v)	Chicken fried rice with sweetcorn
Friday	Lentil soup (v)	Fish with chips and beans

Grab and Go selection from £1.10

Baked potato with selection of fillings: tuna mayo, cheese, beans, coleslaw

Hot snacks

Pizza, Panini with cheese, Panini with cheese and ham, Pizzini

Cold choice

Selection of sandwiches, baguettes, wraps and pasta pots
Also available build a baguette and salad selector

Daily specials £1.60

Monday	Tuesday	Wednesday	Thursday	Friday
Arrabiata pasta pot (v) Chicken italiano	Pomodoro pasta pot (v) Tomato and mascarpone	Arrabiata pasta pot (v) Fire cracker chicken	Pomodoro pasta pot (v) Chicken tikka masala	Arrabiata pasta pot (v) Fire cracker chicken

All hot specials are served with selection of soup or fruit pot or frozen yoghurt or 500ml water

Fresh fruits

Selection of seasonal fruits and fruit pots available daily

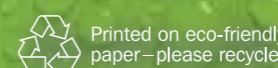
A selection of bread and fresh water is available with all meals - presented at service counter each day.

Before you order/purchase any food or drinks, please speak to a member of staff if you have a food allergy or intolerance.

Week 1 30/10 20/11 11/12 15/1 5/2 26/2 19/3 New menu

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Daily Meal Deal £1.60

Main meal with selection of soup or fruit pot or frozen yoghurt or 500ml water

	Soup	Main
Monday	Lentil soup (v)	Chicken tikka with rice and salad
Tuesday	Chicken noodle soup	Macaroni cheese with wedges and peas (v)
Wednesday	Vegetable (v)	Mince pie with potatoes and carrots
Thursday	Cream of chicken soup	Meatballs with tomato sauce, fusilli pasta and broccoli
Friday	Lentil soup (v)	Fish with chips and beans

Grab and Go selection from £1.10

Baked potato with selection of fillings: tuna mayo, cheese, beans, coleslaw

Hot snacks	Pizza, Panini with cheese, Panini with cheese and ham, Pizzini
Cold choice	Selection of sandwiches, baguettes, wraps and pasta pots Also available build a baguette and salad selector

Daily specials £1.60

Monday	Tuesday	Wednesday	Thursday	Friday
Arrabiata pasta pot (v) Chicken italiano	Pomodoro pasta pot (v) Tomato and mascarpone	Arrabiata pasta pot (v) Fire cracker chicken	Pomodoro pasta pot (v) Chicken tikka masala	Arrabiata pasta pot (v) Fire cracker chicken

All hot specials are served with selection of soup or fruit pot or frozen yoghurt or 500ml water

Fresh fruits	Selection of seasonal fruits and fruit pots available daily
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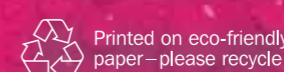
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Week 2	6/11	27/11	18/12	22/1	12/2	5/3	26/3	New menu
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Daily Meal Deal £1.60

Main meal with selection of soup or fruit pot or frozen yoghurt or 500ml water

	Soup	Main
Monday	Lentil soup (v)	Salmon bake with wedges and carrots
Tuesday	Chicken noodle soup	Sausage roll with wedges and beans
Wednesday	Vegetable (v)	Chilli con carne with rice and sweetcorn
Thursday	Cream of chicken soup	Chicken balti with rice and broccoli
Friday	Lentil soup (v)	Fish with chips and peas

Grab and Go selection from £1.10

Baked potato with selection of fillings: tuna mayo, cheese, beans, coleslaw

Hot snacks	Pizza, Panini with cheese, Panini with cheese and ham, Pizzini
Cold choice	Selection of sandwiches, baguettes, wraps and pasta pots Also available build a baguette and salad selector

Daily specials £1.60

Monday	Tuesday	Wednesday	Thursday	Friday
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All hot specials are served with selection of soup or fruit pot or frozen yoghurt or 500ml water

Fresh fruits	Selection of seasonal fruits and fruit pots available daily
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Week 3 13/11 4/12 8/1 29/1 19/2 12/3 **New menu**

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