

# 2017 Summer menu



# School timetable

S	1	2	3	4	5	6	7
Mon				6		S	
Tue		Ģ	5			$\mathbf{O}$	
Wed							
Thu							
Fri		Ne					

# Week 1 week commencing: 24/4, 15/5, 5/6, 26/6, 28/8, 18/9, 9/10

Mon	Chicken curry with boiled rice and salad	Add a fruit pot or yoghurt or 500ml water or soup for			
Tue	Veg Lasagne with Garlic bread and sweetcorn (v)				
Wed	Steak and sausage pie				
Thu	Penne bolognaise with garlic bread and sweetcorn				
Fri	Fish, chips and beans	<b>£1.60</b>			
A selection of bread and fresh water is available with all meals - presented at service counter each day.					

### Week 2 week commencing: 1/5, 22/5, 12/6, 14/8, 4/9, 25/9, 23/10

Mon	Chicken Fajita with salad	Add a	
Tue	Macaroni cheese with wedges and peas (v)		
Wed	Meatballs with tomato sauce, fusilli pasta and broccoli	yoghurt or 500ml water	
Thu	Beef tacos with salad	or soup for	
Fri	Fish, chips and beans	<b>£1.60</b>	

A selection of bread and fresh water is available with all meals - presented at service counter each day.

#### Week commencing: 8/5, 29/5, 19/6, 21/08, 11/09, 2/10

Mon	Homemade sausage pastry	
	with wedges and beans	

- Tue Crispy fishcakes in a bun with coleslaw and salad
- Wed Chilli Con Carne with rice and sweetcorn
- Thu Chicken balti with rice and broccoli
- Fri Fish, chips and beans

Add a fruit pot or yoghurt or 500ml water or soup for £1.60

A selection of bread and fresh water is available with all meals - presented at service counter each day.

## Breakfast and mid morning service

Toast with beans70pToast (per slice with spread)20pHot roll£1.10Piece of fruit30pFruit potfrom 40pDaily specials\*from £1.10

Home baking70pFresh yoghurt70pChoose from our selection of<br/>freshly made filled sandwiches,<br/>wraps, baguettes and pasta<br/>pots from £1.10

#### Daily specials\*

Monday: Waffle, Tuesday: Cheesy beanos, Wednesday: Roll with bacon, Thursday: Ham and cheese bagel, Friday: Cheese toastie

#### Lunch service

Soup with bread 80p Healthy daily meal deal\*\* £1.60 Daily hot cart specials\*\*\* £1.60 Deli bar specials\*\*\*\* £1.60 Hot snacks £1.30 £1.20 Baked potato with filling Extra filing 50p Pasta pots £1.10 Piece of fruit 30p

Fruit pot Home baking Frozen yoghurt Fresh yoghurt from 40p 70p from 50p 70p

Choose from our selection of freshly made filled sandwiches, wraps, baguettes and pasta pots from £1.10

# Drinks

Milk (plain or flavoured) 40p Juice mixtures Fresh juice (apple or orange) 60p Hot Beverages Bottled water 500ml from 80p

# Healthy daily meal deals\*\*

contain main meal served with selection of soup or fruit pot or frozen yoghurt or 500ml water. For details please turn over.

### Daily hot cart specials\*\*

# **Only £1.60**

from 80p

90p

Two speciality sauces available daily, please check the Hot cart menu board for daily choices. **Daily hot cart specials include:** frozen yoghurt or fruit pot or 500ml water as a part of meal deal.

## Deli bar specials\*\*\*\*

Build a baguette (selection of fillings: chicken mayo, tuna mayo, grated cheese, savoury cheese, sliced turkey/chicken/ham, BBQ chicken, sweet chilli chicken) Salad selector build your own salad (choose 1 filling from: tuna mayo, grated cheese, savoury cheese, sliced ham/chicken/turkey, and up to 3 fillings from: lettuce, tomato, cucumber, red onion, spring onion, mixed peppers, coleslaw)

Quorn choice available - pre order only. Only £1.60

# Remember! Beat the queue Step 1 Select menu items Step 2 Complete a pre-order slip (available from catering staff)

Step 3 Pay at pre-order cash point from 8am
Step 4 Collect your pre-order lunch from the special pre-order point at lunchtime

# Food allergies and intolerances

Important

Before you order/purchase any food or drinks, please speak to a member of staff if you have a food allergy or intolerance.

If you need this information in another language or format, please contact us to discuss how we can best meet your needs. Phone: 0303 123 1015 Email: <u>equalities@southlanarkshire.gov.uk</u>

#### www.southlanarkshire.gov.uk

Produced for Community and Enterprise Resources by Communications and Strategy. 035265/Mar17